HI FROM THE WEST SENECA SENIOR CENTER, WE MISS EVERYONE

- ~ IF YOU NEED MEALS DELIVERED CALL NYCONNECTS AT 858-8526 ~ THE ERIE COUNTY GOING PLACES VAN SERVICE WILL BE RUNNING ON A LIMITED BASIS FOR MEDICAL TRIPS ONLY, PLEASE <u>CALL 858-7433</u> FOR ASSIS
- ~ AARP CLASSES AT THE CENTER ARE CANCELLED UNTIL FURTHER NOTICE ONLINE CLASSES OFFERED AT A 25% DISCOUNT GO TO AARPDRIVERSAFETY/.ORG - DISCOUNT CODE - DRIVING SKILLS
- ~ THE WSSC SPRING DINNER DANCE SCHEDULED FOR 5/17/20 IS CANCELLED AND REFUNDS WILL BE GIVEN WHEN WE REOPEN
- ~ ALL TRIPS ARE CANCELLED UNTIL FURTHER NOTICE

FOR THOSE NEEDING A YOGA BREAK THE WSSC FITNESS
CENTER INSTRUCTOR VALERIE AND HER CLASS ARE SHARING 2
DIFFERENT YOGA CLASSES AND SOON TO BE ADDED 2 EXERCISE
CLASSES TO DO TO RELAX, CENTER YOURSELF AND TO STAY IN
SHAPE! GO TO THE FITNESS HEADING AND THE CLASSES ARE
THERE, JUST CLICK AND GO EXERCISE, ENJOY! NAMESTE

BE WELL ~ BE SAFE ~ BE KIND TO ONEANOTHER

THANK YOU AND I HOPE TO SEE YOU ALL REAL SOON®