



TOWN OF WEST SENECA

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RECREATION SUPERVISOR

TOWN SUPERVISOR
GARY DICKSON
TOWN COUNCIL
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WILLIAM BAUER
JOSEPH CANTAFIO
JEFFREY PIEKAREC

TO: Honorable Town Board / Town of West Seneca

FROM: Lauren J. Masset
Recreation Supervisor

DATE: March 25, 2020

RE: Town of West Seneca Parks Tour & Activity Book

Kindly move to approve the attached Town of West Seneca Parks Tour & Activity Book.

The purpose of the Town of West Seneca Parks Tour & Activity Book is to promote outdoor recreation with social distancing in mind. The book includes details on each town park, with activities that each household can participate in while practicing social distancing from others. When the book is completed, there is a certificate parents/guardians can complete and give their children.

The book includes the NYSDOH "*Guidance on How to Protect Yourself and Your Family from COVID-19 When Enjoying the Outdoors*" dated March 18, 2020. I am hopeful that in future years we can edit the book to include activities that include more activities with playground games and equipment.

The book will be available on our website. When the department office resumes its regular hours of operation, we will also have printed copies available for pick up.



Town of West Seneca Parks Tour & Activity Book

2020

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**Department
of Health**

ANDREW M. CUOMO
Governor

HOWARD A. ZUCKER, M.D., J.D.
Commissioner

SALLY DRESLIN, M.S., R.N.
Executive Deputy Commissioner

Guidance on How to Protect Yourself and Your Family from COVID-19 When Enjoying the Outdoors

March 18, 2020

Getting outdoors to walk, jog, hike, garden, ride a bicycle or visit a park are healthy ways to stay active, spend time with your family, and reduce stress and anxiety while engaging in social distancing strategies. These are some simple ways you can protect you and your family from COVID-19 while enjoying the outdoors.




Everyone must:

- Avoid close contact with people, even when outside. Keep a distance of at least 6 feet to help slow the spread of COVID-19.
- Avoid games and activities that require close contact.
- Avoid frequently touched surfaces and objects. This includes playground equipment like slides and swings.
- Don't share equipment such as bicycles, helmets, balls or frisbees.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough and sneezes with a tissue and discard the tissue in a closed container.
- Wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer containing at least 60% alcohol:
 - When you return indoors,
 - before and after eating,
 - after using the restroom,
 - after coughing or sneezing, and
 - after touching surfaces or items that may be contaminated.

If you are sick or had contact with someone who is sick in the last 14 days:

- You should **stay home**.
- You may enjoy spending time in your own backyard or other personal outdoor space but should not go into public outdoor spaces.

A Message From....

		
<p>Gary Dickson Town of West Seneca Supervisor</p>	<p>Brian Adams Town of West Seneca Highway Superintendent</p>	<p>Lauren J. Masset Town of West Seneca Recreation Supervisor</p>

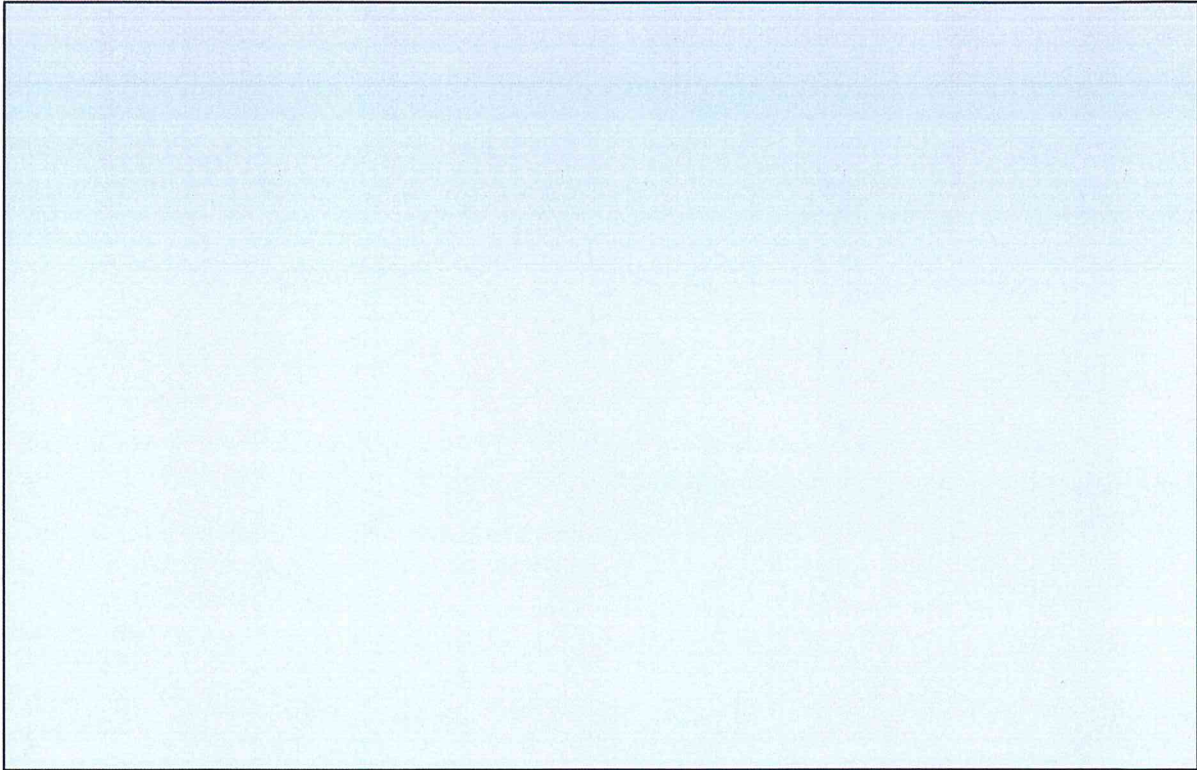
We welcome West Seneca residents and visitors to take advantage of our town parks and the many different recreational opportunities available to you. This book serves as a guide to our parks and the wide variety of recreational activities and services our parks have to offer throughout the year from basketball, tennis and pickleball courts to playgrounds, exercise equipment, walking paths, a sledding hill and more! The Town of West Seneca Parks System has something for everyone. Our parks are open to everyone, and there are no admission fees, making them truly affordable and accessible for a day of family fun. We welcome you to explore our beautiful parks system.

Black Bridge A.K.A. Boyscout Park

Location	Indian Church Road
Amenities	Fishing

Activity:

Attach or draw a picture of a bird that you saw while visiting Black Bridge Park.



Burchfield Park

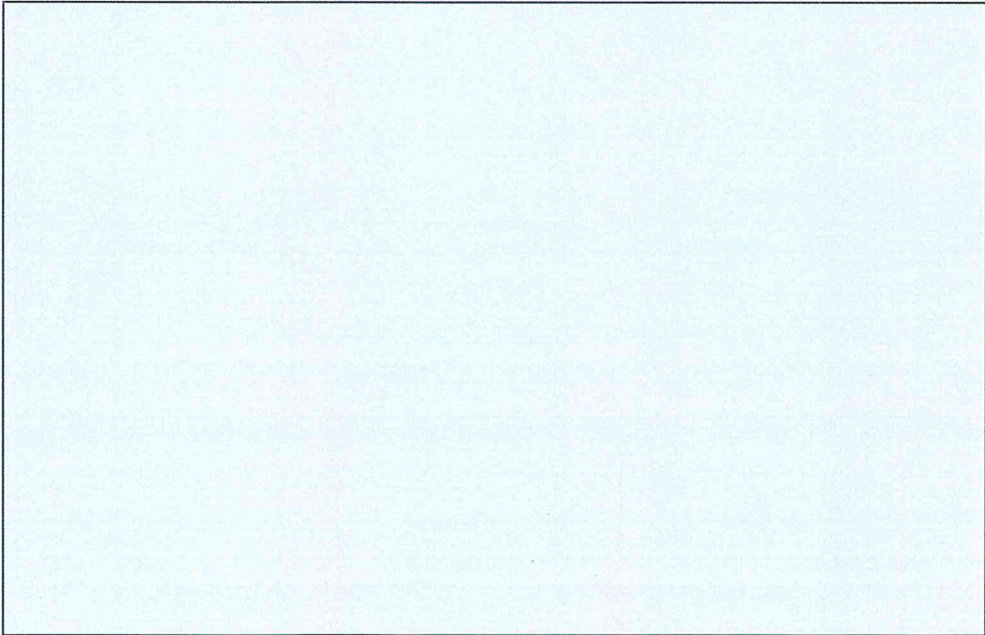
Location	2001 Union Road
Amenities	Playground, Restroom, Walking Path, Dog Mitts, and Fishing. The Friends of the Burchfield Nature and Art Center also host several different activities throughout the year. Please visit their website for more information: http://burchfieldnac.org/

Activity:

1. If you see any Friends of the Burchfield Volunteers, thank them for their hard work and dedication to making this area such a beautiful place.
2. Pick a trail to "hike."
3. Check out the pieces of art in the park.
4. Write one fact about Charles Burchfield (HINT: Check the plaques throughout the park)

5. Write one animal you saw while walking through the park

6. Draw a photo of a flower that you saw in the park. Bonus: Ask a volunteer to discuss the plants in the park with you.



Carriage Park

Location	W. Carriage Park
Amenities	Check out this great pocket park with a playground!

Activity:

1. Count the number of slides _____
2. Do 10 jumping jacks or adapt if needed to 10 arm circles.

Children's Memorial Park

Location	176 Briarhill Drive
Amenities	Playground, Shelter, Dog Mitts, Baseball Diamond, Basketball Court.

Activity:

1. Run the bases on the baseball diamond as you sing "Take Me Out To The Ball Game". Adapt if needed by taking a lap around the basketball court.

Dirkson Playground

Location	N. Seneca/Harlem
Amenities	Playground, Dog Mitts, Baseball Diamond, Basketball Court.

Activity:

1. Run the baseball diamonds, on first base do ten (10) jumping jacks, on second base do ten (10) squats, on third base do ten (10) high knees and on for home plate celebrate your home run! Adapt if needed by for first base do ten (10) punches, for second base do ten (10) arm circles, for third base do ten (10) side arm rises and for home plate celebrate your home run!

Dorrance Park

Location	Dorrance Ave
Amenities	Playground, Dog Mitts, Baseball Diamond, Basketball Court.

Activity:

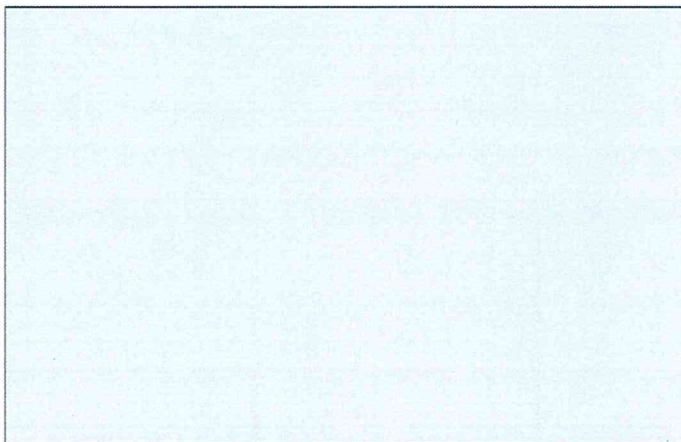
1. Do a lap around the Basketball Court. Adapt if needed by finding out who can count the number of slides the fastest.
2. Race members of your group across the court to see who is the fastest.

Fireman's Park

Location	1190 E & W Road
Amenities	Home of West Seneca Youth Baseball Association, Playground, Restroom, Shelter, Dog Mitts, Baseball Diamond, Basketball Court, Tennis Courts, Pickleball Court,

Activity:

1. Race your family members around the Tennis Courts. Adapt if needed by finding out who can count the number of Tennis Courts the fastest.
2. Attach or draw a photo of the Tennis Court, Basketball Court, Pickleball Court, or Baseball Court below.

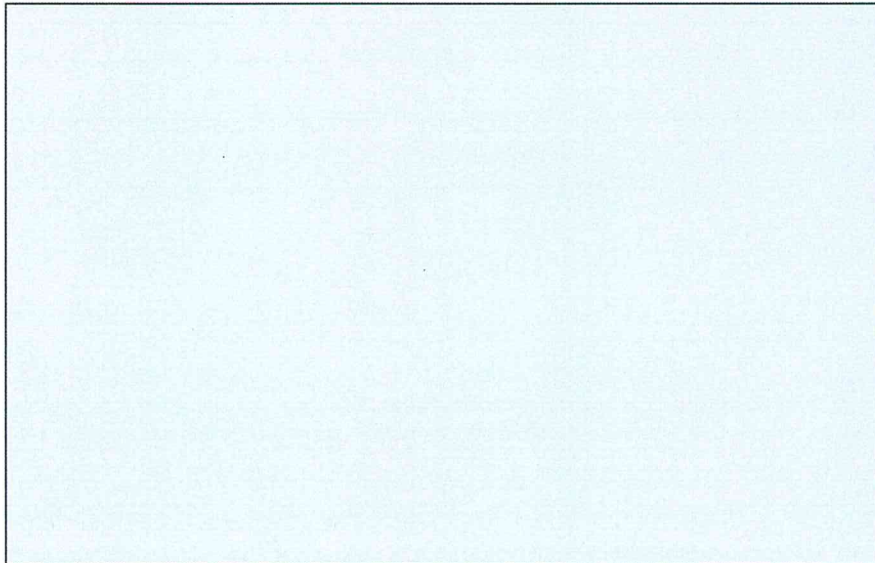


Fisher Road Park

Location	499 Fisher Road
Amenities	Playground, Shelter, Basketball Court

Activity:

1. Do two sets of wind sprints on the Basketball Court. You need a start line, plus a first sprint line, a second sprint line, and a third—and longest—sprint line. Each sprint will be twice as long as the last. For example, on a basketball court, start under the basket, sprint to the first foul line, touch, and then sprint back to the start. Next, sprint to half-court, touch and then sprint back to start. Then, sprint all the way down across the court, touch the end line and sprint back to the finish (under the basket). Adapt if needed by doing twenty (20) overhead punches followed by twenty (20) raised arm circles.
2. Draw a photo below of a leaf that you found at Fisher Road Park.



Harlem Road Park

Location	211-215 Harlem Rd
Amenities	Playground, Shelter, Restroom, Walking Path, Dog Mitts, Ball Diamond, Basketball Court.

Activity:

1. Take a lap around the walking path and discuss what your favorite thing about parks is.

Mill Road Park

Location	211-215 Harlem Rd
Amenities	Shelter, Dog Mitts, Fishing

Activity:

1. Explore everything that nature has to offer at Mill Road Park. Find a stick, a rock, a green leaf, and a flower. Discuss why these items are important.

Soccer Complex

Location	3745 Seneca St
Amenities	Playground, Restroom, Walking Path (9/10 mile), Shelter, Dog Mitts, Soccer Fields, Basketball Court.

Activity:

1. Take a lap around the path and count the soccer fields.

Sunshine Park

Location	1750 East & West Rd
Amenities	Home of West Seneca Girls Softball Association, Playground, Restroom, Shelter, Dog Mitts, Softball Diamonds, Basketball Court, Sledding Hill

Activity:

1. Take a lap around the path and count the softball diamonds.
2. Run the bases on a diamond. Adapt by taking a lap around the tennis courts.
3. Check out the giant yellow chair.

Switzer A.K.A. Knox Park

Location	Knox Ave.
Amenities	Playground, Walking Path, Dog Mitts, Ball Diamond

Activity:

1. Take a lap around the path and count the exercise machines.

Tim Russert Park

Location	324 I. Church Rd
Amenities	Playground, Walking Path, Shelter, Dog Mitts, Rugby Fields

Activity:

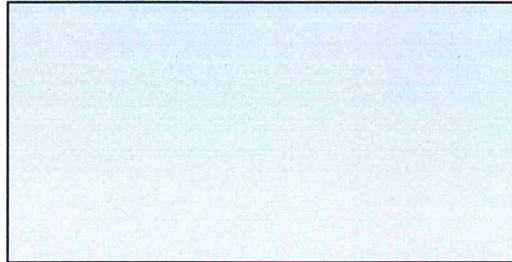
1. Do 10 squats, 10 jumping jacks and 10 push-ups on a Rugby Field. If the Rugby field is in use, use another grassy area. Adapt if needed by doing ten (10) chest expansions, ten (10) arm circles and ten (10) overhead punches.

Veterans Park

Location	1250 Union Rd
Amenities	Playground, Restroom, Shelter, Ball Diamond, Basketball Court, Ice Rink (winter/fees apply), Aquatics Complex (summer/fees apply), Community Center and Library (fees may apply).

Activity:

1. If you see a West Seneca Police Officer, thank him for his service to our community.
2. Visit the Veterans Memorial Walk and read the plaques.
3. Visit our new Community Center and Library.
4. Attach or draw a photo of the American flag below.

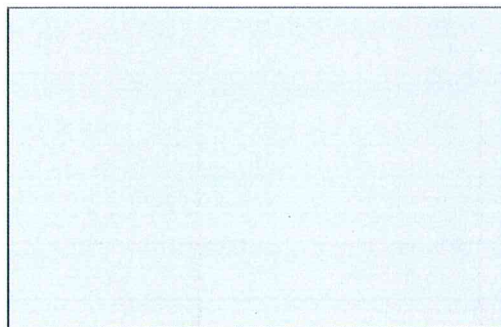


West Gate Playground:

Location	73-83 Chippewa Ct
Amenities	Playground, Shelter, Basketball Court

Activity:

1. Attach or draw a photo of your favorite playground game or activity.



*Congratulations, You Completed The Town of West
Seneca Parks Tour!*

Please complete the Certificate of Completion included in this document.

Please share your photos from this adventure with us on Facebook "West Seneca Youth & Recreation" and/or Twitter "@WS_REC."

2020 Town of West Seneca Parks Inventory as of 3-23-2020

Gary Dickson, Town Supervisor
 William Hanley, Town Council
 William Bauer, Town Council
 Joseph Cantafio, Town Council
 Jeffrey Piskarec, Town Council
 674-5600 / www.westseneca.net

Town of West Seneca Parks Information



Park Name	ADDRESS <i>Click Address for Directions Street Viewer/Street View</i>	PLAYGROUND	RESTROOMS	WALKING		SHELTER	DOG MITTS	BALL DIAMOND	SOCCER FIELDS	BASKETBALL COURTS	TENNIS COURTS	FISHING	LIBRARY	ICE SKATING HILL	COMMUNITY CENTER	POOL	PICNICBALL COURTS	EXERCISE EQUIPMENT
				PATH														
Black Bridge Park A.K.A. Boy Scout Park	Indian Church Road				X													
Burchfield Park	2001 Union Road	X	X			X												
Carriage Park	W. Carriage Park	X																
Children's MEM. Park	176 Briarhill Drive	X				X	X	X		X								
Dickson Playground	N. Seneca/Harlem	X				X	X	X		X								
Dorrance Playground	Dorrance Ave	X				X	X	X		X								
Fremont's Park A.K.A. E&W Park	1190 E & W Road	X	X			X	X	X		X								X
Fisher Road Park	499 Fisher Road	X				X	X	X		X								
Harlem Road Park	211-215 Harlem Rd	X				X	X	X		X								
Mill Road Park	733 Mill Road	X				X	X	X										
Soccer Complex	325 Seneca St	X	X			X	X	X	X									
Sunshine Park	1750 East & West Rd	X	X			X	X	X		X								
Switzer Park A.K.A. Knox	Knox Ave	X				X	X	X		X								
Tim Russert Park	3241 Church Rd	X				X	X	X										
Veterans Park	1250 Union Rd	X	X			X	X	X		X								
Westgate Playground	73-83 Chippenw Ct	X				X	X	X		X								

- Town of West Seneca Town Park Rules:**
- 1.) Parks are open from dawn until dusk.
 - 2.) No alcohol of any kind is permitted in any park.
 - 3.) Park shelters are on a first come, first serve basis - we do not reserve them, no permit/agreement is needed. Parks are open dawn-dusk. All Town of West Seneca local laws and rules posted at the park must be followed. There is no fee to use them.
 - 4.) To reserve any other Town of West Seneca Facility such as a Baseball/Softball Diamond, Ice Rink, Soccer Field etc. please call (716)974-5096 for more information.

CERTIFICATE OF COMPLETION



THIS AWARD CERTIFIES THAT

(WRITE YOUR NAME ABOVE)

**HAS SUCCESSFULLY COMPLETED THE TOWN OF
WEST SENECA PARKS TOUR**

(ON THE ABOVE DATE)

CERTIFIED BY

(PARENT/GUARDIAN SIGNATURE)